

Pselect Psalms 5 - Psalm of Praise

Preparation:

Optional: Be ready to lead - or have someone lead - 1 or 2 praise songs near the end of the time. (Be sure to follow any applicable copyright laws.)

Check-in

Spend a few minutes to see how everyone is doing and how their week has been.

Praise

Ask: As Christians, we talk a lot about praising God. What's a good definition of "praise"?
(*The Dictionary says praise is: 1. The act of expressing approval or admiration. - Newly Revised and Updated Random House Webster's College Dictionary, 1996*)

Say:

- A lot of the Psalms - or parts of Psalms - have to do with how great God is and praising Him.
- As we read this Psalm listen for reasons it gives for praising Him...

Psalm 111

Have someone read Psalm 111 (while everyone follows along in Bibles).

Ask:

- What are reasons the Psalm writer gave to praise God in this Psalm?
(*Have teens look closely through the Psalm. Possibly list the reasons on a whiteboard*)
- What are other reasons we have to praise God?
- Psalm 92:1 says, "It is good to praise the LORD and make music to your name, O Most High" (NIV). Why is it good for us to praise the Lord?
- Who here has reasons to praise God? What are some reasons you have to praise God?
(*Try to help teens see reasons they have to praise God and encourage them to be praising Him in their lives - by praising him together during worship times and in other ways.*)

Praise through Song(s) and Prayer

Optional: Sing one or two praise songs as a group.

Have a time of prayer for the group to pray praises to God.

Prayer Time

Have volunteers share prayer requests and pray together as a group.