

Your LABOR is NOT in vain.

1 Cor. 15:58

Serving our brothers and sisters in the Democratic Republic of CONGO with tangible acts of love

Email: Caringforcongo@efca.org or Rachel.Balia@efca.org

Caring for Congo is not new in EFCA ReachGlobal. Formerly called "White Cross", women throughout our Evangelical Free Churches for 100 years have faithfully given of their time, talents and money to be the Hands of Jesus throughout our world. And we continue until today, serving primarily in the Democratic Republic of Congo at Tandala Hospital and in GlobalFingerprints ministries. God's love is beautifully described in I John 3:16-18, ending with, "Let us not love in word or talk but in deed and in truth."

<u>Important info:</u>

- 1. Gifts to help with extra shipping costs can be sent to CaringforCongo #3938 Made payable to EFCA, 901 E 78th St, Minneapolis MN 55420
- 2. Rachel Balia continues as CaringforCongo Coordinator: Rachel.Balia@efca.org or CaringforCongo@efca.org
- 3. https://tandala.epistle.org/subscribe—if you want more Tandala stories

4. Pray for our sister churches in Congo, CECU, to be the Hands of Jesus!





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Meet those who serve in CECU Church and ReachGlobal



Jim Snyder, ReachGlobal AFRICA Int'l Leader Pastor Nupanga, President of CECU





Francoise, GlobalFingerprints Congo Program Manager Dr. Robert Olodo,, Tandala Medical Coordinator



Heather Hall GlobalFingerprints Coordinator Promise Home & Disabilities



Grace Hill



Jerry & Nancy Hibma Elikya Advocates



CaringforCongo Coordinator CaringforCongo Assistant Medical Supervisor



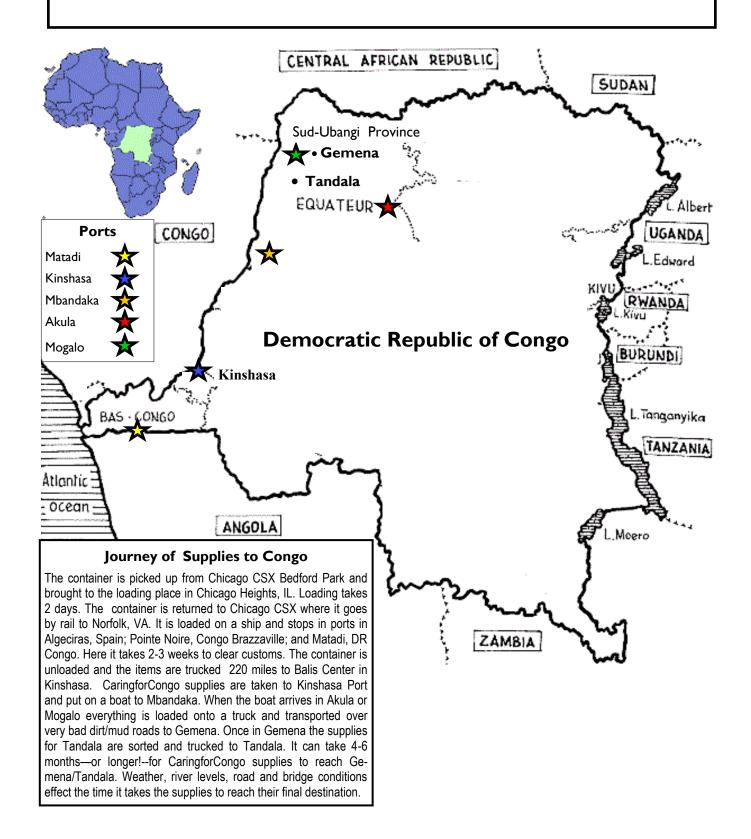
Julie Turnquist



Nurse Benjamin

EFCA ReachGlobal CaringforCongo #3938 E-mail: caringforcongo@efca.org

Journey of CaringforCongo Supplies (formerly White Cross)



Projects for the Democratic Republic of CONGO

I. Medical Supplies for Tandala Medical Outreach

Our sister church in CONGO (CECU) is made up of over 1,000 local congregations. In 2022, they celebrated 100 years since the Gospel of Jesus arrived in their corner of Congo! Titus Johnson, the first missionary there, arrived at Tandala, and decided that that is where God had called him.

Tandala Hospital was built around 1955 in the Ubangi Province, the northwest corner of what was then the Belgian Congo. Evangelical Free Church missionaries envisioned a place where compassionate care for physical needs could be integrated with the spiritual needs of the Congolese. Indeed from its early years, the motto was and remains "Compassion, Dedication and Integrity".

Poverty in the Ubangi is extreme. There is little or no infrastructure, even today...no paved roads, no communication except for scattered cell towers that service small areas, no post office. Most people are subsistence farmers. Our CaringforCongo medical supplies greatly assist the staff in caring for the patients.

Supplies needed for Tandala Medical Outreach:

- I. Rolled bandages and squares
- 2. Surgical and medical linens
- 3. Uniforms for hospital staff
- 4. Layettes (newborn kimono and receiving blanket)
- 5. Latex gloves
- 6. Scripture cards and Mercy Kits

2. Supplies for GlobalFingerprints (Orphans & Vulnerable Children)

www.globalfingerprints.org / \$39 a month for child sponsorship

We partner with the Congolese church in caring for and training orphans and widows. **GlobalFinger-prints** is the EFCA child sponsorship program. We are currently caring for over 1,900 vulnerable children in the Democratic Republic of Congo through **GlobalFingerprints**, which was launched in 2006. Most of our sponsored children stay in families—either extended family or a loving Christian takes them in, and the Congolese church provides Care Workers who make monthly visits, assisting with school fees, uniforms, medical care and nutrition. Most importantly, they pray for and with the child and introduce them to God the Father through His Son Jesus.

Some of our kids in GlobalFingerprints need special help or more training. Three other ministries have been created to meet these needs:

- A. Elikya Center, a training center for older orphans and widows
- B. **Promise Home**, a home for children with special needs, physical or mental
- C. **New Horizon School**, GlobalFingerprints school with Christ-Centered focus

Supplies needed:

- I. Touch of Love kits
- 2. Touch of Mercy kits
- 3. Gently used or new tennis shoes
- 4. Notebook Bag kits
- **5.** Dress and shorts kits (and finished garments)
- 6. Scripture cards
- 7. Girls' Hygiene kits
- 8. School Supplies
- 9. Tools for carpentry, masonry, mechanical (only METRIC system) for Elikya and Promise Home
- 10. Child and Adult Diapers and other supplies for those with disabilities

Tandala Hospital & Medical Work











Pictured above:

Tandala Hospital; triplets born at Tandala and gifted kimono sets; doctors and nurses in scrubs; surgery and surgical linens; mattress covers

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Meet Heather Hall, GlobalFingerprints Congo Coordinator



Heather.Hall@efca.org www.globalfingerprints.org Account: GF Congo 3912

GlobalFingerprints Congo has over 1,900 children that are sponsored and being cared for. Most of our children are orphans and live with Grandparents or relatives. Through the Congolese church, we have Care Workers who make monthly visits to the kids, enroll them in school and pay tuition, pay their medical bills, pray with and encourage them along with their families, and help meet other physical and material needs of the kids. Most importantly, they introduce them to Jesus and new life in Him! That's where YOU come in! The dresses, shorts, shoes, Love Kits, hygiene kits, Scripture cards, all point them to God's loving care.

GlobalFingerprints Congo has at least 100 Care Workers who love these kids so much. The mission of GlobalFingerprints: <u>Transform lives and build the Church through child sponsorship.</u>

Want more information on GlobalFingerprints sponsorship? Email Heather (Heather.Hall@efca.org) or visit www.globalfingerprints.org



GlobalFingerprints CONGO CareWorkers with Heather, Site Coordinator

Orphans & Widows at ELIKYA (HOPE) Training Center



Elikya offers a wonderful opportunity for older orphans who are part of GlobalFingerprints, to learn a life-giving trade and transition well into adulthood. Vulnerable widows also have the opportunity to have their lives changed here. The Center offers anywhere from ten months to two years of vocational training, along with basic life skills classes, Biblical studies, and literacy training. The vocational training includes sewing, masonry, carpentry, agriculture, mechanics, haircare, baking, computer skills, and soap making. The students live in housing provided at the Center where they experience the love and grace of Christ lived out in the lives of their teachers and fellow students.





Above: Jerry & Nancy Hibma, Elikya
Advocates: Elikya boys with gifts of
Love Kits & Bibles
Right: Elikya girls with gift of
hygiene kits
Below: Elikya widows learning to read



Every year, we need around 24 sponsors for our widows

ELIKYA Center accepts around 24 widows every year to study and learn a trade. They have health and nutritional needs while at ELIKYA. As a sister in Christ, **pray** about sponsoring a widow. Sponsorship begins every August and is \$765 total for the widow's costs. Included in this is a gift of a Bible and a sewing machine or other tools needed to begin her business along with transportation money to return to her village.

Contact: Nancy.Hibma@efca.org



Why Promise Home?

Since 2006, GlobalFingerprints Congo has been sponsoring kids with disabilities. They are truly the most vulnerable, in a culture that does not value their lives. So, even though they were receiving backpacks and love kits, these kids' lives were not being changed.

So—in August 2018, we welcomed our first Promise Kids! Our goal with Promise Home is to model a loving home environment for kids who are rejected and devalued, offering them love and educational opportunities and integrating them in the church and community where they can grow and serve.

We have grown to three homes and three sets of House Parents. Pastor Papa Lisasi and Mama Jacky direct the whole ministry. They love these kids like their own—the result? The kids understand that they have a loving Heavenly Father who created them and has a plan for their lives! They are learning social skills, have school every day, and are learning a trade. The love kits, dresses and shorts, notebook bag kits, hygiene kits, school supplies, and disability equipment help the Promise Kids as well. Thank you!!







Why New Horizon School?

As GlobalFingerprints grew in Congo, we realized that our sponsored children were not getting a decent education. Many were getting to high school without knowing how to read or write, and Biblical values were rarely taught nor modeled in the schools. So 5 years ago, we opened New Horizon School, offering excellent education that is Christ-centered.

We partner with TeachBeyond (teachbeyond.org) whose mission is the following:

"as followers of Jesus, we are a global community providing transformation education services as part of God's ongoing mission to transform individuals and communities into all that He intends".

They have helped us every step of the way with training, continuing education and interviewing and choosing potential teachers.

We presently have Pre-School—5th grade, with 6th grade ready to go. In 2026, a high school will need to be built, and our 6th graders will move up! Our kids are excelling in math and reading, but even more so are loving God with all their hearts and loving others.

Contact: (Heather.Hall@efca.org) New Horizon School Project #3831









School supplies needed such as: colored pencils, crayons, paper scissors, glue, alphabet charts, educational toys (building blocks, colors, numbers)

Child and Adult Diapers (PH) High Priority!

A huge need at Promise Home and in ministry to those living with disabilities is diapers, for all ages. Babies that are left for GlobalFingerprints to care for, children with disabilities at Promise Home who are incontinent, and adults in the surrounding area who are being cared for my family and are incontinent.

Disposable diapers are not available in most areas. Diapers that are cloth and washable are lifesavers for many families and caregivers!

We don't have a pattern that can be copied and shared, but there is a website where you can purchase patterns called Mamma Can Do It. Enter the link below and then click on "patterns" - you have to purchase them but it is very reasonable and can be reused over and over. All sizes are needed—infant and baby, toddler, and small and medium adult sizes.





www.mammacandoit.com

I am sure there are other resources out there as well, and you are welcome to use what you have!

Other items for disability ministry in Congo: wheelchairs (all sizes), shower seats, commodes, walkers, and crutches. Sometimes, if for a child, it can be packed in a tote. But if not, contact Rachel or our shipper to see how it could be shipped over.

Beautiful girls in beautiful dresses! Sewn dresses & shorts high priority!





THANKYOU!!





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DRESSES & SHORTS for CONGOLESE ORPHANS

Kits: E/PH Completed projects: GF

Girls' dress and boys' shorts kits are used as a sewing project for widows and older orphans at the *Elikya Center and the Promise Home*. Dresses and shorts that are sent as completed garments are given to *GlobalFingerprints* children.

Dress patterns are available in sizes: $4(23\frac{1}{2})$, $6(26\frac{1}{2})$, 8(31), 10(33), $12(35\frac{1}{2})$, $14(36\frac{1}{2})$. The finished dress length for each size is in ().

Boys shorts patterns are available in small, medium and large.

Patterns and sewing instructions are available by contacting:

Muriel Olenik at: molenik@sbcglobal.net or 847-308-0658 (cell)

Contents of dress sewing project kit - Place in a large Ziploc Bag

- 4 cut out dresses and 2 pieces of fabric/per dress for pockets (use your judgment for size)
- I ½ yd. (half of a pkg. of double fold) bias tape per dress
- Additional trim for embellishment (optional)
- 15 long straight pins, 3 needles, small spool of thread

Attention: we are removing scissors from each dress kit. Now, for every 10 kits, include one 8" sewing scissors wrapped separately in cloth and placed in a Ziploc bag. Mark bag: E/PH scissors/10 dress kits

Mark each dress inside back neck with size, please use permanent marker

Contents of shorts sewing project kit - Place in a large Ziploc bag

- 4 cut out shorts
- I ½ yd. cording per pair (used in waistband)
- 15 long straight pins, 3 needles, small spool of thread

Attention: we are removing scissors from each shorts kit. Now, for every 10 kits, include one 8" sewing scissors wrapped separately in cloth and placed in a Ziploc bag. Mark bag: E/PH scissors/10 shorts bag kits

Mark each pair of shorts inside back with size, please use permanent marker

Completed dresses and shorts are also needed for those who enjoy sewing.

Feel free to use your own simple pattern i.e. pillow case dresses for little girls.

Questions? Contact Muriel Olenik

molenik@sbcglobal.net 847-308-0658 (cell)

Touch of Love Care Kits (GF,TH,CECU) High Priority!

In your Touch of Love Care Kit, include only the following items:

- ❖ Hand towel (16"x28" to 18"x30")
- Toothbrush (leave in packaging)
- ❖ Toothpaste (large with screw top)
- Small notebook (5x7 or smaller)
- Small pencil sharpener
- ❖ 2 pens & 2 No. 2 unsharpened pencils
- \bullet Bar of soap (3½ to 5 oz.)
- 4 balloons
- Lingala verse card



Instructions for both LOVE & MERCY kits

- 1. Please remove everything from its packaging except for the toothbrush.
- 2. Put everything in a gallon Ziploc bag
- 3. Include a Lingala Bible verse card printed on cardstock in each care kit—see the next page
- 4. Mark outside of Ziploc bag: LOVE or MERCY

Great projects to involve children! They can decorate, color, and sign the verse cards to go in each love or mercy kit.

Touch of Mercy Care Kits (PH,TH,CECU) High priority!

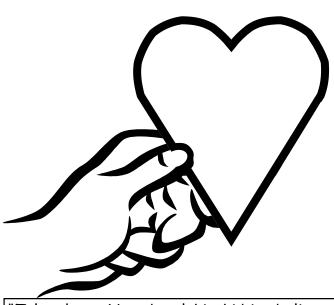
Minstering to those with special needs, the elderly, and those in prison

In your Touch of Mercy Care Kit, include only the following items:

- ❖ Washcloth and hand towel (16"x28" to 18"x30")
- \Rightarrow Bar of soap (3½ to 5 oz.)
- ❖ Lotion for dry skin (6-8 oz.)
- Toothbrush (leave in packaging)
- ❖ Toothpaste (large with screw top)
- ❖ I chap stick
- 4 pairs of latex gloves
- Lingala verse card



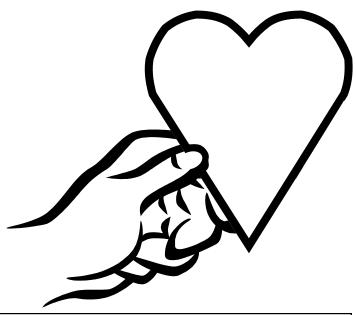
Bolingo ya Nzambe eleki yonso!



"Tala ndenge Nzambe alakisaki biso bolingo na ye: atindaki Mwana na ye se moko awa na mokili, na tina ete tozala na bomoi ya solo mpo na ye."

I Yoane 4:9

Nzambe alingi yo mingi!



"Nzambe alingaki mokili na motindo oyo: apesaki Mwana na Ye se moko, ete moto na moto oyo akondimela Ye akokufa te, kasi azwa bomoi ya seko."

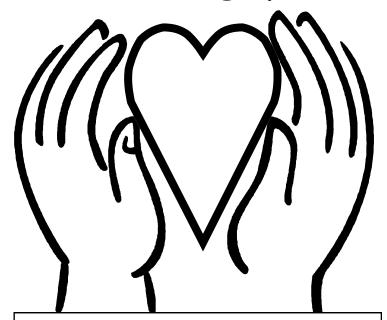
Yoane 3:16



"Ya solo, bolingo ya Nzambe eleki monene: ezali biso te bato tozalaki kolinga ye, kasi ye nde moto azalaki kolinga biso, bongo atindaki Mwana na ye, oyo amipesaki lokola libonza mpo na kolongola masumu na biso."

I Yoane 4:10

Yesu alingi yo‼



Nzambe alakiselaki biso bolingo na Ye mpo na biso na motindo oyo: Yesu akufelaki biso wana tozalaki naino bato ya masumu."

Baloma 5:8

Girls' Hygiene Kit (GF, CECU) High Priority!

Hygiene Kits are a real blessing to girls and young women in Congo. When their monthly period comes, they often cannot go anywhere or do much. Very few have access to pads or other hygiene materials. They miss school and church and other special activities. These kits open doors for teaching on hygiene and purity. And the girls are so happy with the gifts—no longer have to be afraid or ashamed when they have their periods.

What's in an hygiene kit?

Contents:

I drawstring bag, 2 shields with wings, 8 trifold inserts, I washcloth, one small plastic wrapped bar of soap, 2 flat gallon size freezer Ziploc bags (sturdier than off-brands), 2 pair same size panties (colorful, avoiding printing and symbols that may be offensive, white should be dyed, no boy-short style, sizes girls 10 -12, a few 14,) I safety pin, and I instruction card.

See Appendix 1: Girls' Hygiene Kit for patterns, sewing and packing instructions.



They absolutely LOVE their hygiene kit!! Thank you, Ladies!

SHOES for GlobalFingerprints kids! (GF) High priority!

New or gently used shoes (preferably tennis shoes, but other nice walking shoes are good)

ALL SIZES (but especially average sizes 6-9)



Many children living in the States have several pairs of shoes. They often have shoes they no longer wear or that they have outgrown. Consider asking your church to do a Shoe Drive of all sizes of shoes, including small women's and men's sizes for children with larger feet. Shoes can be brand new or gently used. Include a few pairs of shoes in each tote/box that you ship along with your other White Cross materials. Please pack shoes in the bottom of the tote/box (not easily seen when it is first opened.)

TOOLS for ELIKYA Center and Promise Home! High Priority!

Good quality tools are hard to find in Gemena, Congo. When you need to add extra weight to your bin or box, drop in a tool or two! Hammers, saws, measuring tapes in metric, screwdriver, chisel, trowel, wrenches, pliers...





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Notebook Bag Kits (E/PH)

Kits are used in sewing class Elikya or Promise Home What is needed for ONE notebook bag kit (each kit makes 4 bags):



- 1. Four pieces of fabric 12"x28" or 8 pieces of fabric 12"x14"
- 2. Four pieces of rope, cording or strap, each 36" long
- 3. Four inches of Velcro to sew on (I" per bag)
- 4. One spool of thread
- 5. Attach 20 straight pins and 3 needles to a small piece of fabric or paper
- 6. Place items in a large Ziploc bag and mark: Notebook bag kit

Attention: we are removing scissors from each notebook kit. Now, for every 10 kits, include one 8" sewing scissors wrapped separately in cloth and placed in a Ziploc bag. Mark bag: E/PH scissors/10 notebook bag kits



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(GF, TH CECU)

Scripture Cards

"Scripture Cards" are a popular and effective tool in the ministry of the Congolese EFC. These cards are used in hospital and prison ministry, Sunday Schools, and HIV/AIDS education for young people. With very little available in the way of print or art, a beautiful "Scripture Card" is often hung up in a home as the only decoration on the walls. Your creative and careful work on this project will provide a cherished gift of beauty and Truth.

Picture Sources:

- 1. Greeting cards, calendars, and SS curriculum
- 2. Appropriate pictures: flowers, scenery, animals (except owls and snakes), crosses and short biblical truths in English

Printing Scripture Verses:

There are 4 master sheets for printing the Scripture verses – Groups 1,2,3, Group 1, Group 2, Group 3. The masters are formatted for mailing labels ($1" \times 2 \%$,", 30 per sheet). To print: select page to print and under *Page Sizing & Handling* select the "Actual size" option.

To Assemble Cards:

- 1. Cut out a picture and glue on to card stock. Do **not** use construction paper.
- 2. Place Scripture verse label on card
- 3. Punch 2 holes in the top of card and string yarn or ribbon through holes for hanging
- 4. Write group number on the back of each card
- 5. Scrap booking materials, tools and techniques add fun, creativity and beauty to this project

Card Groups:

Group 1: adult use (hospital and prison ministry)

Group 2: children in the "Choose Life" lessons (Sunday Schools, Public Schools, GlobalFingerprints)

Group 3: youth "Choose Life" (addresses purity, abstinence, fear and loneliness.)

Packaging and Shipping:

Package the Scripture Cards by group number in Ziploc bags and label the bag with group number

For your information:

Here is a translation of the Bible references. If you make these verse cards with young people or children, have them turn it into a Bible study as you look up and discuss these verses with them.

Yoane	=	John	Yisaya	=	Isaiah
Baloma	=	Romans	Matai	=	Matthew
Luka	=	Luke	Baebele	=	Hebrews
Galatia	=	Galatians	Filipi	=	Philippians
Ose	=	Hosea	Timote	=	Timothy
Nzembo	=	Psalms	Bakolinti	=	Corinthians
Masese	=	Proverbs	Yilimia	=	Jeremiah
Yakobo	=	James	Ebandiseli	=	Genesis



Molimo oyo azali na bino aleki milimo oyo ezali na bato ya mokili. 1 Yoane 4:4b

Pamba te, Nzambe alingi bato ya mokili mingi penza; yango wana apesaki Mwana na ye se moko, 'po 'te moto nyonso oyo akondimela ye akufa te, kasi azwa bomoi ya seko. Yoane 3:16

Pamba te lifuti ya masumu ezali liwa; kasi likabo ya ofele ya Nzambe ezali bomoi ya seko, na lisanga ya Nkolo na biso Klisto Yesu. Baloma 6:23

Klisto alakisaki biso eloko babengaka bolingo, na ndenge apesaki bomoi na ye 'po na biso. Bongo biso 'pe tosengeli kopesa bomoi na biso 'po na bandeko na biso.

I Yoane 3:16

Ya solo, bolingo ya Nzambe eleki monene: ezali biso te bato tozalaki kolinga ye, kasi ye nde moto azalaki kolinga biso, bongo atindaki Mwana na ye, oyo amipesaki lokola libonza 'po na kolongola masumu na biso I Yoane 4:10

Pamba te Nzambe akoki kosala makambo nyonso. Luka 1:37

Moto oyo andimi Mwana, akozwa bomoi ya seko; oyo atosi Mwana te akozwa bomoi ya seko te, kasi akotikala seko na etumbu ya Nzambe. Yoane 3:36

Bongo nasengi bino: botika Molimo ya Nzambe atambwisaka bino, po bokoka koboya baposa na bino ya bomoto. Galatia 5:16

Nzambe na ngai azali na bomengo pe lokumu nyonso; ye nde moto akopesa bino biloko nyonso oyo bozali na yango posa, po na Yezu Kristo.

Bafilipi 4:19

Totika kobanga, pamba te tozwi Molimo ya Nzambe; ye apesaka biso nguya, bolingo pe mayele ya kozala ekenge. 2 Timote 1:7 Ezali Yo moto osalaki mobimba na ngai; pe otongaki ngai na libumu ya mama. Mersi po osala ngai na ndenge ya kokamwa penza; nandimi 'te misala na Yo nyonso ezali minene. Nzembo 139:13-14

Moto atosaka mibeko amibatelaka ye moko; kasi oyo akebaka na bizaleli na ye te akokufa. Masese 19:16

Ata mwana ayebanaka na makambo ye asalaka, soki bizaleli na ye ezali ya malamu pe ya solo. Masese 20:11

Kozala moninga ya moto ya kanda te; kozala esika moko te na moto oyo amesana kosilika. Soki te, yo pe okolanda bizaleli na bango, pe okokangama na motambo. Masese 22:24-25

Nzambe alobi: Mama abosanaka mwana oyo amelisaka mabele? Asundolaka mwana oyo ye aboti? Ata soki mama akoki kobosana mwana na ye, kasi Ngai nakoki kobosana yo te.
Yisaya 49:15

Yokisa tata na yo na mama na yo esengo, sepelisa mama oyo aboti yo.

Masese 23:25

Nzambe afandaka na Ndako na ye ya bosantu, azali Tata ya bana bakufela baboti, pe Mobateli ya basi bakufela mibali. Nzembo 68:6

Nabondelaki Yawe, pe ye azongiseli ngai eyano; alongoli ngai kobanga nyonso.

Nzembo 34:5

Yawe, ata soki nazali kotambola na kati ya molili ya somo, nakoki kobanga eloko te; pamba te otambolaka nzela moko na ngai; olakisaka ngai nzela, obatelaka ngai na makama nyonso. Nzembo 23:4

Bongo botosaka Nzambe; boboya makambo ya zabolo, boye ye akokima bino penza mosika.

Yakobo 4:7

Yawe alobi boye: Botelema mwa-moke na nzela oyo bozali kotambola pe bokanisa; botuna makambo oyo eleka kala. Boluka nzela ya malamu, bolanda yango, bongo bokozwa bolamu. Yilimia 6:16

Pamba te ngai Yawe nayebi makambo nakani po na bino: ekozala makambo ya mawa te kasi ya esengo. Nakobatela bino pe nakopesa bino bolamu oyo bozali koluka.

Yilimia 29:11

Yango wana mobali atikaka tata na ye na mama na ye, pe asanganaka na mwasi na ye, po bango mibale bakoma moto moko.

Ebandiseli 2:24

Bokima kindumba. Masumu mosusu nyonso oyo moto akoki kosala, ebebisaka nzoto na ye te; kasi moto oyo amipesi na kindumba, azali kobebisa nzoto na ye moko.

I Bakolinti 6:18

Bato na ngai bazali kokufa po moto moko te azali kopesa bango mayele.

Ose 4:6

Boye Mokonzi akozongisela bango: Nalobi na bino, ya solo: mbala nyonso bosalisaki ata moto ya suka na kati ya bandeko na ngai, bosalisaki ngai! Matai 25:40

Bongo toluka makambo oyo ememaka boboto pe elendisaka bondimi ya bandeko. Baloma 14:19

Bongo sik'oyo, bandeko, bokanisaka bobele makambo ya solo, ya kitoko, ya bosembo, ya malamu pe ya malonga. Bafilipi 4:8

Tokanisanaka biso na biso; tolendisanaka po tolingana pe tosalaka misala ya malamu. Baebele 10:24

Ya solo, ata bozali kolia, komela, to kosala makambo mosusu, bosalaka nyonso po na kokumisa Nzambe. I Bakolinti 10:31 Molimo oyo azali na bino aleki milimo oyo ezali na bato ya mokili. 1 Yoane 4:4b Molimo oyo azali na bino aleki milimo oyo ezali na bato ya mokili.

1 Yoane 4:4b

Molimo oyo azali na bino aleki milimo oyo ezali na bato ya mokili. 1 Yoane 4:4b

Pamba te, Nzambe alingi bato ya mokili mingi penza; yango wana apesaki Mwana na ye se moko, 'po 'te moto nyonso oyo akondimela ye akufa te, kasi azwa bomoi ya seko. Yoane 3:16 Pamba te, Nzambe alingi bato ya mokili mingi penza; yango wana apesaki Mwana na ye se moko, 'po 'te moto nyonso oyo akondimela ye akufa te, kasi azwa bomoi ya seko. Yoane 3:16 Pamba te, Nzambe alingi bato ya mokili mingi penza; yango wana apesaki Mwana na ye se moko, 'po 'te moto nyonso oyo akondimela ye akufa te, kasi azwa bomoi ya seko. Yoane 3:16

Pamba te lifuti ya masumu ezali liwa; kasi likabo ya ofele ya Nzambe ezali bomoi ya seko, na lisanga ya Nkolo na biso Klisto Yesu. Baloma 6:23 Pamba te lifuti ya masumu ezali liwa; kasi likabo ya ofele ya Nzambe ezali bomoi ya seko, na lisanga ya Nkolo na biso Klisto Yesu. Baloma Pamba te lifuti ya masumu ezali liwa; kasi likabo ya ofele ya Nzambe ezali bomoi ya seko, na lisanga ya Nkolo na biso Klisto Yesu. Baloma 6:23

Klisto alakisaki biso eloko babengaka bolingo, na ndenge apesaki bomoi na ye 'po na biso. Bongo biso 'pe tosengeli kopesa bomoi na biso 'po na bandeko na biso. Klisto alakisaki biso eloko babengaka bolingo, na ndenge apesaki bomoi na ye 'po na biso. Bongo biso 'pe tosengeli kopesa bomoi na biso 'po na bandeko na biso. Klisto alakisaki biso eloko babengaka bolingo, na ndenge apesaki bomoi na ye 'po na biso. Bongo biso 'pe tosengeli kopesa bomoi na biso 'po na bandeko na biso.

I Yoane 3:16

I Yoane 3:16

I Yoane 3:16

Ya solo, bolingo ya Nzambe eleki monene: ezali biso te bato tozalaki kolinga ye, kasi ye nde moto azalaki kolinga biso, bongo atindaki Mwana na ye, oyo amipesaki lokola libonza 'po na kolongola masumu na biso I Yoane 4:10

Ya solo, bolingo ya Nzambe eleki monene: ezali biso te bato tozalaki kolinga ye, kasi ye nde moto azalaki kolinga biso, bongo atindaki Mwana na ye, oyo amipesaki lokola libonza 'po na kolongola masumu na biso I Yoane 4:10

Ya solo, bolingo ya Nzambe eleki monene: ezali biso te bato tozalaki kolinga ye, kasi ye nde moto azalaki kolinga biso, bongo atindaki Mwana na ye, oyo amipesaki lokola libonza 'po na kolongola masumu na biso I Yoane 4:10

Pamba te Nzambe akoki kosala makambo nyonso. Luka 1:37

Pamba te Nzambe akoki kosala makambo nyonso. Luka 1:37

Pamba te Nzambe akoki kosala makambo nyonso. Luka 1:37

Moto oyo andimi Mwana, akozwa bomoi ya seko; oyo atosi Mwana te akozwa bomoi ya seko te, kasi akotikala seko na etumbu ya Nzambe. Yoane 3:36

Moto oyo andimi Mwana, akozwa bomoi ya seko; oyo atosi Mwana te akozwa bomoi ya seko te, kasi akotikala seko na etumbu ya Nzambe. Yoane 3:36

Moto oyo andimi Mwana, akozwa bomoi ya seko; oyo atosi Mwana te akozwa bomoi ya seko te, kasi akotikala seko na etumbu ya Nzambe. Yoane 3:36

Bongo nasengi bino: botika Molimo ya Nzambe atambwisaka bino, po bokoka koboya baposa na bino ya bomoto. Galatia 5:16

Bongo nasengi bino: botika Molimo ya Nzambe atambwisaka bino, po bokoka koboya baposa na bino ya bomoto. Galatia 5:16

Bongo nasengi bino: botika Molimo ya Nzambe atambwisaka bino, po bokoka koboya baposa na bino ya bomoto. Galatia 5:16

Nzambe na ngai azali na bomengo pe lokumu nyonso; ye nde moto akopesa bino biloko nyonso oyo bozali na yango posa, po na Yezu Kristo. Bafilipi 4:19 Nzambe na ngai azali na bomengo pe lokumu nyonso; ye nde moto akopesa bino biloko nyonso oyo bozali na yango posa, po na Yezu Kristo. Bafilipi 4:19 Nzambe na ngai azali na bomengo pe lokumu nyonso; ye nde moto akopesa bino biloko nyonso oyo bozali na yango posa, po na Yezu Kristo. Bafilipi 4:19

Totika kobanga, pamba te tozwi Molimo ya Nzambe; ye apesaka biso nguya, bolingo pe mayele ya kozala ekenge. 2 Timote 1:7 Totika kobanga, pamba te tozwi Molimo ya Nzambe; ye apesaka biso nguya, bolingo pe mayele ya kozala ekenge. 2 Timote 1:7 Totika kobanga, pamba te tozwi Molimo ya Nzambe; ye apesaka biso nguya, bolingo pe mayele ya kozala ekenge. 2 Timote 1:7 Ezali Yo moto osalaki mobimba na ngai; pe otongaki ngai na libumu ya mama. Mersi po osala ngai na ndenge ya kokamwa penza; nandimi 'te misala na Yo nyonso ezali minene. Nzembo 139:13-14

Moto atosaka mibeko amibatelaka ye moko; kasi oyo akebaka na bizaleli na ye te akokufa.

Masese 19:16

Ata mwana ayebanaka na makambo ye asalaka, soki bizaleli na ye ezali ya malamu pe ya solo. Masese 20:11

Kozala moninga ya moto ya kanda te; kozala esika moko te na moto oyo amesana kosilika. Soki te, yo pe okolanda bizaleli na bango, pe okokangama na motambo. Masese 22:24-25

Nzambe alobi: Mama abosanaka mwana oyo amelisaka mabele? Asundolaka mwana oyo ye aboti? Ata soki mama akoki kobosana mwana na ye, kasi Ngai nakoki kobosana yo te.

Yisaya 49:15

Yokisa tata na yo na mama na yo esengo, sepelisa mama oyo aboti yo.

Masese 23:25

Nzambe afandaka na Ndako na ye ya bosantu, azali Tata ya bana bakufela baboti, pe Mobateli ya basi bakufela mibali. Nzembo 68:6

Nabondelaki Yawe, pe ye azongiseli ngai eyano; alongoli ngai kobanga nyonso.

Nzembo 34:5

Yawe, ata soki nazali kotambola na kati ya molili ya somo, nakoki kobanga eloko te; pamba te otambolaka nzela moko na ngai; olakisaka ngai nzela, obatelaka ngai na makama nyonso. Nzembo 23:4

Bongo botosaka Nzambe; boboya makambo ya zabolo, boye ye akokima bino penza mosika.

Yakobo 4:7

Ezali Yo moto osalaki mobimba na ngai; pe otongaki ngai na libumu ya mama. Mersi po osala ngai na ndenge ya kokamwa penza; nandimi 'te misala na Yo nyonso ezali minene. Nzembo 139:13-14

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Bongo botosaka Nzambe; boboya makambo ya zabolo, boye ye akokima bino penza mosika.

Yakobo 4:7

Group 3

Yawe alobi boye: Botelema mwa-moke na nzela oyo bozali kotambola pe bokanisa; botuna makambo oyo eleka kala. Boluka nzela ya malamu, bolanda yango, bongo bokozwa bolamu. Yilimia 6:16

Pamba te ngai Yawe nayebi makambo nakani po na bino: ekozala makambo ya mawa te kasi ya esengo. Nakobatela bino pe nakopesa bino bolamu oyo bozali koluka.

Yilimia 29:11

Yango wana mobali atikaka tata na ye na mama na ye, pe asanganaka na mwasi na ye, po bango mibale bakoma moto moko.

Ebandiseli 2:24

Bokima kindumba. Masumu mosusu nyonso oyo moto akoki kosala, ebebisaka nzoto na ye te; kasi moto oyo amipesi na kindumba, azali kobebisa nzoto na ye moko.

I Bakolinti 6:18

Bato na ngai bazali kokufa po moto moko te azali kopesa bango mayele.

Ose 4:6

Boye Mokonzi akozongisela bango: Nalobi na bino, ya solo: mbala nyonso bosalisaki ata moto ya suka na kati ya bandeko na ngai, bosalisaki ngai! Matai 25:40

Bongo toluka makambo oyo ememaka boboto pe elendisaka bondimi ya bandeko. Baloma 14:19

Bongo sik'oyo, bandeko, bokanisaka bobele makambo ya solo, ya kitoko, ya bosembo, ya malamu pe ya malonga. Bafilipi 4:8

Tokanisanaka biso na biso; tolendisanaka po tolingana pe tosalaka misala ya malamu. Baebele 10:24

Ya solo, ata bozali kolia, komela, to kosala makambo mosusu, bosalaka nyonso po na kokumisa Nzambe. I Bakolinti 10:31 Yawe alobi boye: Botelema mwa-moke na nzela oyo bozali kotambola pe bokanisa; botuna makambo oyo eleka kala. Boluka nzela ya malamu, bolanda yango, bongo bokozwa bolamu. Yilimia 6:16

Pamba te ngai Yawe nayebi makambo nakani po na bino: ekozala makambo ya mawa te kasi ya esengo. Nakobatela bino pe nakopesa bino bolamu oyo bozali koluka.

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Ya solo, ata bozali kolia, komela, to kosala makambo mosusu, bosalaka nyonso po na kokumisa Nzambe. I Bakolinti 10:31

PROJECTS FOR TANDALA HOSPITAL (TH)

I. DRAW SHEETS High Priority!

Use: Cover water-proof draw sheet and lift patients

Use strong fabric such as muslin or a percale sheet. Finished size: 36" x 72". Hem all raw edges. Mark in center with permanent marker: TANDALA ALEZE. Mark corner: ALEZE.

2. WATER-PROOF DRAW SHEETS High Priority!

Use: protect mattress

Vinyl tablecloth material is good for these. Out of one yard, you will get two draw sheets. The material is 54 inches wide so...

- a. Cut the material in half lengthwise, leaving two pieces 36 x 27
- b. Out of old sheets, cut 2 pieces 27 x 17
- c. Attach I piece of sheeting on each 27" side of vinyl
- d. Hem all the way around with $\frac{1}{2}$ inch hem.
- e. Mark in center: TANDALA ALEZE
- f. Mark in corner: ALEZE

Sheeting 27 x 17	Vinyl 27 x 36	Sheeting 27 × 17

3. MATTRESS COVERS High Priority!

Use: Protect mattress

Made like a pillowcase to slip over mattress. **Updated finished size**: 42" x 77" (84" wide before sewing). Material like poplin is recommended; a very strong bed sheet like percale can be used. Polyester blends wash better and are stronger. Mark in center: TANDALA PROTEGE MATELAS, and the corner: MATELAS

4. DOCTORS' & NURSES' SCRUB SHIRTS and PANTS High Priority!

A man's pajama pattern with V-neck and short sleeves is great for these. Add a pocket. Use medium-weight cotton. Sizes: all sizes. Colors: **WHITE-MOST NEEDED**, any color or patterned scrubs are acceptable. Great places to purchase USED scrub uniforms for just a few dollars: Goodwill and Salvation Army.

5. SURGICAL LINENS

- A. In general, the surgical linens fall under two categories: wrappers (French word is "emballage") and drapes.
- B. A heavyweight, natural color material is best to use. A strong, percale sheet is acceptable.

- C. Using a laundry pen or permanent fabric marker, mark each item:
 - In CENTER, mark: TANDALA item name/number (example: TANDALA Emb #I)
 - In UPPER RIGHT CORNER, mark: item name/number (example: Emb #I)

D. Following items are all sewn the same:

Sew all four sides with 1//2 inch seam, leaving opening to turn item inside out. Top stitch all four sides.

Sew two diagonal seams (in an X), corner to corner. MARK appropriately. High Priority!

Emb #1 (finished size 12x12) 2 pieces fabric 13 inch square (or 1 piece 13x25)

Emb #2 (finished size 20x20) 2 pieces fabric 21 inch square (or 1 piece 21x41)

Emb #3 (finished size 36x36) 2 pieces fabric 37 inch square (or I piece 37x73)

Emb #4 (finished size 46x46) 2 pieces fabric 47 inch square (or I piece 47x93)

E. Following items are all single thickness and sewn the same: High Priority!

Emb #5 (finished size 59x59) Hem all four sides and mark appropriately

Emb gant (finished size 21x17) Hem all four sides and mark

MAT abd (finished size 36x36) Hem and mark

MAT fesse (finished size 36x36) (same size as MAT abd) Hem and mark

Sous LAP (finished size 66x70) Hem and mark

F. LAPAROTOMY DRAPES High Priority!

This is a long drape that covers both the patient and acts as a barrier in front of the patient's face during surgery. It is more complicated to sew.

1. Cutting size: Drape "B" is 78x102. Reinforcement piece "A" is 25x25

2. Finished size: 76×100

3. Mark: TANDALA LAP in center/LAP in upper right corner

4. Procedure: see next page

6. ROLLED BANDAGES High Priority!

Used for: Wrapping wounds

Material must be absorbent, cotton content is best, used sheets, white or colored (no flannel)

- A. Tear sheets into long strips (3,4, or 5 inch wide strips) Remove all raveling threads!
- B. Sew strips together with double row of stitches.
- C. Apply tension as you roll strips into a 3 inch diameter roll.
- D. Tie the finished roll with a strip of cloth.

If you would like information regarding a "bandage roller" contact: whitecross@efca.org

7. SQUARE COTTON DRESSINGS High Priority!

Used for: Cleansing wounds

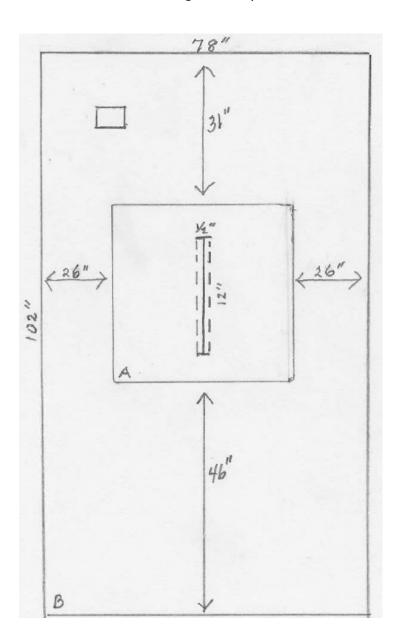
Material must be soft and absorbent, any color.

- A. Cut material into 3, 4 or 5 inch squares.
- B. Make a pattern from cardboard, sandpaper or use a fabric rotary cutter and mat.
- C. Remove any raveling threads.
- D. Package (any number of squares) in a neat pile in a Ziploc bag.

8. SURGICAL/MEDICAL GLOVES are needed at Tandala Hospital.

Laparotomy Drape High Priority!

- 1. Take 25"x25" Piece A and press it in half. With tape measure, place marks at 6.5" and 18.5" along the fold.
- 2. Open the fabric and with a pencil, connect the marks so you have a 12" line that is centered on the fold. Draw a 1/2" line across both ends of the 12" line (think top and bottom of a 12" high capital I).
- 3. Draw lines connecting those top and bottom ends and you have a 1/2"x12" rectangle.



- 4. Take 78"×102" Piece B and lay it flat on table, <u>right</u> side of fabric up.
- 5. Place <u>marked</u> Piece A on Piece B according to layout below.
- 6. Sew around the 1/2"x12" rectangle. Stitch again on top of your stitches to strengthen the seam.
- 7. Cut 12" slit on the center line through both layers of fabric and clip corners at an angle to get a squared opening.
- 8. Turn Piece A through the slit to the back side of Piece B. Press the slit flat making sure the 12" seam is fully open.
- Turn the 4 sides of Piece A under I/2" and top-stitch to attach Piece A to Piece B.
- 10. Top-stitch close to the edge around the 12" slit to reinforce it.
- Hem all sides of Piece B, folding under twice to avoid raw edges.
- 12. Sew a <u>contrasting color patch</u> towards the top so nurses will know which end goes to the head.
- 13. Press, fold, and mark as instructed on previous page for all surgical linens.

Layettes for babies at Tandala Hospital & Health Centers (TH)High Priority!

Always package the receiving blanket and kimono as a set

Tandala Baby

Kimono

Cut two for Front Cut one on fold for back

Basic Instructions

Sew all seams 3/8"

HIGH PRIORITY!!

Sew shoulder seams.

Finish front edges.

Sew bias tape on sleeve and neck edges. Or zigzag the sleeves.

(Leave about 6" extra on neck edges to tie for bow.)

Helpful Tips

Press under 1/8" on sleeve and front edges.

Fold over on 3/8" line and topstitch so no raw edges show.

If double-faced bias tape is used, fold out one fold and lay right side of bias tape to wrong side of fabric.

With edges "flush", sew along fold line, which is easier if you iron it down first. Fold bias tape to outside of garment.

With second fold tucked under, topstitch along that edge for a more finished look.

Don't forget the receiving blankets!!

Material to use: lightweight flannels, seersucker or calico

<u>Finished</u> blanket: approximately 36" square, or a purchased 30" flannel receiving blanket

EFCA ReachGlobal CaringforCongo #3938 E-mail: caringforcongo@efca.org

Packing and Shipping Instructions for CaringforCongo Totes/Boxes to Gemena

- If your group is not large enough to ship a 90 lb container contact: caringforcongo@efca.org for information about other groups in your area who may also be shipping items.
- An alternative contact who will help ship items for you.
 - Contact: Kathy Langenfeld from the Lakewood Ev Free Church, Baxter, MN Email: kathyed81@gmail.com
- 1. Purchase a 34, 35 or 36 gallon Sterilite or Rubbermaid Roughneck tote or a "Dish Pack" box 18x18x28 inches (U-Haul).
- 2. Line each tote/box with a "heavy duty" or "Contractors" garbage bag sealed with twist tie or taped.
- 3. Request a shipping number for each tote/box from Balis, our shipper (mbalangl@gmail.com or phone (224) 578-6069).
- 4. If Balis does not email you the shipping forms PDF, go online and print or download a shipping form and donation letter at: www.kinservicesfreight.com. Click on "FORMS" and then on "USA-GEMENA/TANDALA Shipping form."
- 5. Fill in Date, Shipping #, Church name & address, Contact person, phone # and email.
- 6. Fill in all columns on the shipping form except "Weight" column. Total weight must not exceed 90 lbs.
- 7. Project Code column is as follows: (E/PH) Elikya/Promise Home; (GF) GlobalFingerprints; (NH) New Horizon School; (TH) Tandala; CECU (church ministries such as prison, Christian Education)
- 8. You will need 3 copies of the completed shipping form: one to place in the container, inside the plastic bag; one to send with payment to Balis, and one for your own records.
- 9. Tape the container closed and write: Shipping # + Gemena on all 4 sides of each container.
- 10. Send one copy of the shipping form and donation letter to Balis along with your payment of \$245.00
 \$255 (with shrink wrap if Balis does it). All containers must be shrink wrapped.
- II. Donation letter instructions:
 - 1. Print one donation letter for your tote(s)/box(es).
 - 2. Fill in the Shipping #(s) of your tote(s)/box(es).
 - 3. Fill in Church Name, Church Address, Contact Name.
 - 4. Fill in the Signed: Name of Church/Group.
 - 5. Fill in the Date: date items are sent to Balis.

If your tote/box has more than \$400 of new purchased items, extra customs fees will be added according to the amount over \$400. Touch of Love & Mercy kits, new shoes are examples.

Contact Information:

Phone contact for our shipper Balis: (224) 578-6096; Email: mbalang | @gmail.com

Shipping Address:

Kin Services Inc. 2027 N. Wainwright Court Palatine, IL 60074 **Payment Address:**

Kin Services Inc. 1097 N. Palos Ave. Palatine, IL 60067

SHIPPING FORM





2027 N. Wainwright Court Palatine, IL 60074 847-776-5911 (H)- 224-578-6096 (C) Mbalang1@gmail.com

Date: <u>1/01/2025</u>	
Shipping #: <u>W-02501-01</u>	
Church name & address: First Free Rockford	
_2223 N. Mulford Rd, Rockford, IL 61107	
Contact Person & Phone #: Mary Jones (815) 984-3211	
Email: maryjones@gmail.com	

TO: CECU/GEMENA Mbandaka/Equateur

*For CaringforCongo Shipments only

Items	Quantity	*Project Code E/PH, GF,TH,CECU	Weight
Rolled bandages	50	TH	
Dress kits	6	E/PH	
Notebook bag kits	10	E/PH	
Scripture cards	6 pkgs	GF /TH/CECU	
Kimonos/Layettes	25	TH	
Hospital linens	15	TH	
Girls' Hygiene kits	10	GF	
Touch of Love Care kits	15	GF	
MERCY KITS	24	PH/CECU	
TOOLS	8	E/PH	
School Supplies crayons	10	NH/PH	
Shoes	4	GF	
		Total Weight	88

(TH=Tandala Hospital; GF=GlobalFingerprints; E=Elikya Center; PH=Promise Home; NH-New Horizon School; CECU=(other church ministries ie prison, Christian Ed)

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INSTRUCTIONS FOR SHIELD AND TRI-FOLD INSERT

This pattern is modified from the free and nonrestricted use Operation Christmas Child pattern to better meet the needs of the girls we are serving.

You may use another pattern if you prefer, as long as it is similar.

SHIELD

Select fabrics that are colorful and busy, stain-hiding prints, avoiding patterns and symbols that may be offensive in the target culture, including owls, camouflage, and patriotic symbols. Mix and match fabrics to make shields beautiful for the girls!

The pattern line is the fabric cutting line, <u>not</u> the sewing line. Stitching should be $\frac{1}{4}$ " inside the cutting line.

Cut from shield pattern:

Method A) (2) quilter's cotton and (1) white PUL

Method (B) (I) quilter's cotton and (I) patterned PUL

For end pockets, cut (2) 4" squares. Fold each in half, press, and topstitch scant 1/4" from fold. Hint for mass production: cut 4" wide strips of fabric, fold and press in half along length, topstitch scant 1/4" from fold, then cut 4" lengths for pockets.

Assemble shield:

Method A) Layer white PUL on bottom, shiny side up, then (1) quilter's cotton, right side up, then pockets centered on ends with folded edges towards the center of the shield, then last cotton, right side down, on top.

Method (B) Layer patterned PUL, right side up, pockets centered on ends with folded edges towards center of shield, then quilter's cotton, right side down.

Minimally pin or clip pieces to keep in place during sewing. Sew around the entire piece, leaving the area between the dots open for turning. Clip inner and outer corners of shield as needed for ease of turning.

Method (A) Turn right side out between layers of quilter's cotton, keeping pockets toward "bottom" side of shield.

Method (B) Turn right side out, keeping pockets toward bottom (PUL) side.

Minimally pin or clip pieces to keep in place during sewing. Sew around the entire piece, leaving the area between the dots open for turning. Clip inner and outer corners of shield as needed for ease of turning.

Method (A) Turn right side out between layers of quilter's cotton, keeping pockets toward "bottom" side of shield.

Smooth seams and poke out corners. Sew the turning hole closed, with raw edges out, stitching in line with the finished edge of the piece.



Flip the pockets to the "top" side of the shield, hiding the raw turning hole edges inside the pocket. Narrowly topstitch the entire shield, reinforcing the pocket edges at the folds with several back stitches.

Attach Kam Snaps, size 20, (off-brands are not as sturdy) to wings and you are done!!





TRI-FOLD INSERT

Choose soft flannel in busy, bright, stain-hiding colors and patterns. Avoid patterns and symbols that may be offensive in the target culture, including owls, camouflage and patriotic symbols. Mix and match, making them beautiful for the girls!

Cut (I) $8" \times 6.5"$ rectangle using template or rounding corners.

Cut (I) 5" x 6.5" rectangle finishing both longer edges with serger or overcast stitching.

Align smaller rectangle on larger rectangle with wrong sides together, leaving $1\frac{1}{2}$ " margins at top and bottom of larger rectangle, (use the template to align). Sew in place along centers of both overcast/ serger stitching.





Then to finish all edges, serge/overcast around full insert starting on an edge with 2 layers of flannel, overlapping ending and starting stitching I", pivot 90 degrees and serge off.

Weave tail threads through I" of stitching or secure with Fray Check to finish ends.

Hints for mass production of inserts: cut 8" and 5" strips along length of fabric. (3-yard lengths are manageable) Finish edges of 5" strips with serger or overcast stitching, align on 8" width strip, using template to assist with spacing, pin and sew in place along center of serger stitching of 5" strips. Trace outlines of insert using template, cut apart, and serge edge of insert to complete.



INSTRUCTIONS FOR DRAWSTRING TOTE BAG

Select colorful, busy fabrics, using quilter's cotton, drapery or light upholstery fabric, cotton canvas or other durable fabric. Avoid patterns and symbols that may be offensive in the target culture, including owls, camouflage and patriotic symbols. Drawstrings may be made of durable cording, ribbon or paracord.

Cut Fabric 13" \times 30", serge or overcast long sides to finish edges. Press under $\frac{1}{4}$ " and then an additional 1"on each unfinished edge. The creases will be used to make the casings for the drawstrings later in construction. Unfold.

Fold fabric right sides together, sew side seams just inside serger finished edges, starting approximately 4" from unfinished edges, reinforcing with back stitching at each end of seam.

Finish opening sides of casings. Finger-press open tops of side seams, fold over seam allowance edges of unsewn side seams ½" at top of bag, tapering and decreasing the fold to match start of sewn seam allowance. Sew from top, down along the side seam allowance, to just below where side seam is sewn. Pivot and stitch across, back stitch to reinforce, then pivot to complete stitching to top of the bag. Repeat with the other side.



Fold over $\frac{1}{4}$ and then other I" along folds to create casings, and stitch close to the bottom edge of the casing, reinforcing ends with back stitching. Turn bag right side out.

Cut (2) 42" pieces of cord/ sturdy ribbon/ paracord. Seal with Fray Check or melt ends to ensure edges do not unravel. Draw through casings. Knot ends to secure together.

The bag is completed!

Packing the contents of a HYGIENE KIT

Contents:

I drawstring bag, 2 shields with wings, 8 trifold inserts, I washcloth, one small plastic wrapped bar of soap, 2 flat gallon size freezer Ziploc bags (sturdier than off-brands), 2 pair same size panties (colorful, avoiding printing and symbols that may be offensive, white should be dyed, no boy-short style, sizes girls 10-12, a few 14,) I safety pin, and I instruction card.

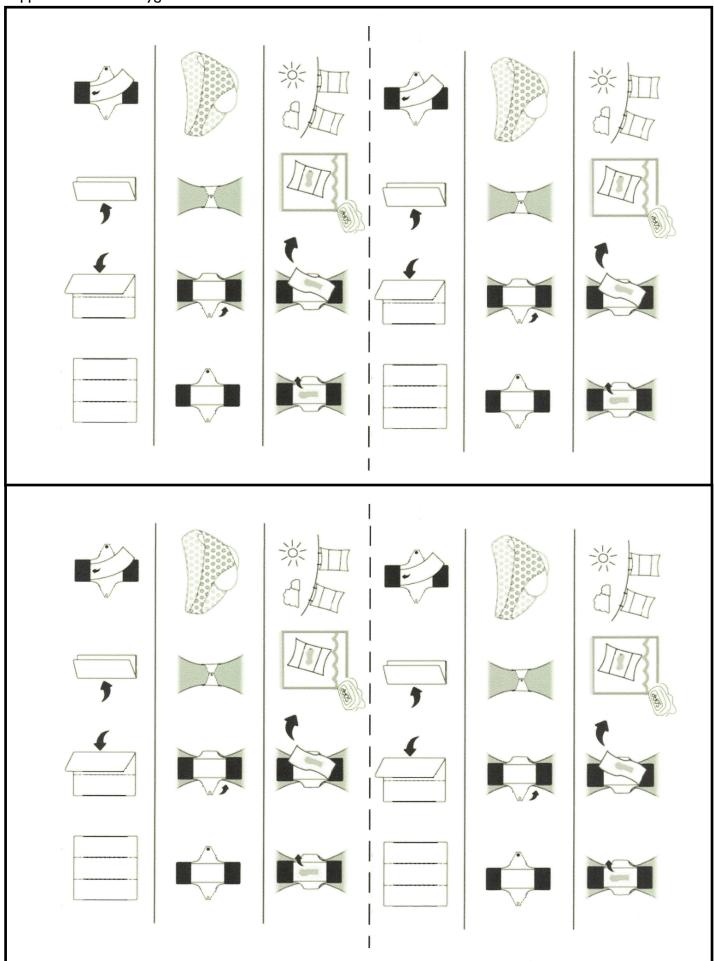
Packing the contents in the bag:

Fold and fit I trifold in one shield, and 2 trifolds in the second, stack together. Nest these along the inside side of one Ziploc bag, then stack the other 5 folded trifolds, and place next to the shields. Tightly fold and roll the 2 panties separately and place them next to the inserts. Roll the washcloth and secure the safety pin in it, placing it in the bag near the panties. Slip the soap inside the lower pocket of the top shield. Roll up the other Ziploc bag, insert it and the instruction card behind the packed contents. Press out air and seal the bag. Write the size of panties on the outside of the Ziploc bag, insert it into the drawstring bag and pull closed. Slip a tag over the ties of the bag with the panty size indicated, then knot the bag closed.





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Pattern line is fabric cutting line, and allows a 1/4" seam allowance. Pad Shell Pattern

